



**CHRIST**  
(DEEMED TO BE UNIVERSITY)  
NODAL OFFICE, TRIVANDRUM

# LET US DREAM

## ANNUAL COMMUNITY CONFERENCE

THEME: COMMUNITY INTERVENTIONS & IMPROVEMENTS



11<sup>th</sup> JANUARY 2020



10 AM - 4 PM

HOSTED BY :

NODAL OFFICE  
CHRIST (Deemed to be University)  
AIR Road, Vazhuthacaud,  
Trivandrum-695014

[WWW.LETUSDREAM.ORG](http://WWW.LETUSDREAM.ORG)

**Free Registration:**

<https://forms.gle/Z7ZXTQ1KatVUnFR66>

# LET US DREAM

## Annual Community Conference

*The Let Us Dream Conference was established to create a better networking and collaboration among volunteers, potential volunteers, philanthropists, and community organizations, thereby empowering them in their diverse community improvement programs.*

*The conference introduces different community service possibilities and intervention models among younger and older generations to promote their volunteerism.*

*Also, the conference provides opportunities for researchers and practitioners to share their knowledge and experiences for the purpose of synergizing their community improvement efforts and impact.*

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## **SCHEDULE**

### **TIME**

### **EVENT**

9:30-10:00

Pre-Conference-Registration

10:00-10:30

Conference Opening

10:30-11:00

Opening Keynote Address

11:00-12:00

Panel Discussion 1: Social panel

12:00-12:45

Lunch

01:00-02:00

Panel Discussion 2: Education Panel

02:00-03:00

Panel Discussion 3: Health Panel

03:00-03:40

Closing Keynote

03:40-04:00

Remarks



## OPENING KEYNOTE ADDRESS



**K. JAYAKUMAR**

K. JAYAKUMAR I.A.S (Retd.) Currently Director, Institute of Management in Government, Kerala. Served as the founding Vice-Chancellor Vice-Chancellor of ThunchathEzhuthachan Malayalam University at Tirur , Served as Chief Secretary, Government of Kerala . Also officiated for long as Director, Nehru Memorial Museum and Library, New Delhi, Director General, National Archives of India and Vice-Chancellor, Mahatma Gandhi University.

Creative profile Poet, lyricist, translator, author and painter. Authored 32 books in Malayalam and English including seven anthologies of poems in Malayalam and two books of poems in English. Translated Tagore, Kahlil Gibran, Rumi, Omar Khayyam and Kabir into Malayalam and Gitagovindam and ONV's poems into English. Wrote over 400 songs in Malayalam including songs in over 100 Malayalam films. Directed a children's film -Varnachirakukal (Wings of Colour) - and scripted a few documentaries, an English film and television serials. A self trained painter. Held 15 solo shows in India and abroad including Seoul (South Korea), Delhi, Mumbai, Hyderabad, Chennai and Kochi.



# SOCIAL PANEL



## SHERIN NOORDHEEN

*She is a Mental Health Activist and Founder –Director of Let's Live, an NGO that works for prevention of youth suicides in Kerala. She has set up non-judgemental spaces like Orange room for active listening and open conversations about mental health. One of Sherin is a Consultant for Innovation of Youth with Disabilities(IYwD) which is a project of K-DISC implemented by National Institute of Speech and Hearing (NISH)*



## GAUTAM LAKSHMAN ARUN

*He is an active member of the Model UN Circuit since 2016. He is one of the founding members of Tick Talkers and is currently working as the Director of Operations . Tick Talkers is a human development & recreational entrepreneurship community. It aims to build leadership skills among youngsters and carry out social service activities that could make a productive change around us.*



## JAYARAJ

*He is living and working in Bangalore. He is not affiliated to any trust /NGO. He believes that it is of everyone's duty to serve the needy and this has been ordained by God. His focus areas are disaster relief and rehabilitation .*



## CHANDRIKAMMA

*She is the P R O of Sadhu Sadan an NGO based at Trivandrum She works mainly for Cancer patients who come for treatment at Regional cancer center. Though she concentrates mainly on children below 15 years certain times will come forward to support adult patients also. She provides free food, accommodation and travel for these poor patients.*



## PRAKASH P GOPINATH

*He is the Bicycle Mayor of Trivandrum. In 2009 organised a cycling rally from Kasergode to Trivandrum to raise funds for children's home Chilla. he has organised various cycling rallies for social causes, like Organ Donation, Blood Donation, Environmental Issues Promotion of Cycling. 2015 organised a cycle rally from Trivandrum to Kasergode in association with IMA against Sound Pollution (Safe Sound). Taught 84 women of various ages (oldest being 3 women of 63 yrs) cycling as part of women empowerment . initiated the Project ICEGaCC (Indus Cycling Embassy Gift a Cycle Campaign) : Collect 50 Rs from members and friends and gift a cycle a month, to a girl child in a government /aided schools who can't afford to have one. So far they have been donating cycles for the last 21 months.*

# HEALTH PANEL

## DR M.M SUNIL KUMAR

*He is the Deputy Director of Trivandrum Institute of Palliative Sciences, Pallium india- vision of pallium india- An India in which palliative care is integrated in all health care so that every person has access to effective pain relief and quality palliative care along with disease-specific treatment and across the continuum of care. Pallium India identifies committed individuals and institutions and support them to develop quality palliative care services.*

## SHIJI KARAKULAM

*Shiji suffered from polio at a young age and lost the growth and movement in both his lower limbs . At Present he is a computer mechanic From 2014 he has been working as a volunteer for the differently abled. He also formed the Dr. Johnes memorial trust and works for the upliftment of the differently abled .*

## BABITHA P

*She is currently a Fellow in Holistic Education, Bhoomi College. Mentor, Green Army International, Thiruvananthapuram Municipal Corporation. Technical Committee Member, Waste Thiruvananthapuram Municipal Corporation. Campaigner, Sustainable Menstruation Kerala Collective. Project Manager, Green Village, Thiruvananthapuram. Project Manager, Ability Aids India International. Project Head, Rays Foundation, Thiruvananthapuram. Project Coordinator, Helping Hands Organization, Thiruvananthapuram*

## SREELEKSHMI SREEKUMAR

*she is the Students Forum Chairperson of All Kerala blood donors society (KEBS), . KEBS is an organisation promoting Voluntary blood donation KEBS usually conducts Blood donation drives all over Kerala in association with Trivandrum Medical College, Sreechithra Hospital and RCC. Students forum conducts awareness programmes for Higher secondary students especially for Nss Volunteers in Kerala.*

## SHEELA RAHULAN

*She heads the Trivandrum chapter of the organisation called Solace. Solace is a charity organisation that caters to children below 18 years of age undergoing treatment for long term illnesses. Solace not only provides financial support to the patient but takes the whole family into its fold giving them physical and mental support*

# EDUCATION PANEL



**GOKUL**

*He is a part of a group of young and active students aiming to bring some quality education and fill the gaps in our education system. He is the part of the organization called - Insight for Innovation .It was established in 2016 to improve quality of education across schools and colleges through social support and volunteering.*



**RAHUL RL**

*He is the founder of the organisation We Create lives, It helps to train and empower the differently abled. He introduced the world's first market place for differently abled, where you can buy 400+ variety products directly from the differently abled.*



**JAYASREEKUMAR**

*She is the Director General at Bharat SevakSamaj, the National Development Agency, established by the Planning Commission, Govt. of India. Areas of Concentration : Skill Training/Vocational Training, Micro finance, Natural Resource Management, Gender Sensitization, Health Services, Promotion of Micro Enterprises, Human and Indian Development. She is also involved in various voluntary activities that affect education.*



**ALEX THOMAS**

*He is a resourceful Economics teacher with more than 25 years of experience. He is a professor of Economics at Government Women's College, Trivandrum. He is one of the directors of DREAMS (Desire, Readiness, Empowerment, Action and Mastery for Success) a Community Voluntary Project for the local school kids to develop their psycho-social and leadership skills. The project is implemented through the collaboration of Schools, College volunteers and Local Community volunteers.*



**DEEPA ANATHAPADMANABHAN**

*One of the founding members of SARSAS (SAVE A RUPEE SPREAD A SMILE ) it lends a hand to the less fortunate and support the deprived. The organization is involved in supplying civil necessities to the needy, teaching English, science and arts, organizing cultural programs and friendly visits, cleaning activities, and so on.*

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## ANNUAL COMMUNITY CONFERENCE

NODAL OFFICE

CHRIST(DEEMED TO BE UNIVERSITY),

VAZHUTHACAUD, A.I.R ROAD

THIRUVANANTHAPURAM- 695014

KERALA,INDIA

VISIT US:WWW.LETUSDREAM.ORG/CONFERENCE

EMAIL:conference@letusdream.org

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### LET US DREAM CONFERENCE COMMITTEE 2020

DIRECTOR:FR. LIJO THOMAS, CONFERENCE CHAIR:JIMMY MANUEL,

HOST INSTITUTION COORDINATOR: GODWIN V P ,

ORGANISATIONAL COORDINATOR:SHAJI AND RAHUL RL,

PANEL COORDINATOR (HEALTH):JESSILET, SHEJA, SHEEBA,

PANEL COORDINATOR (SOCIAL): MOHAMMED IQBAL , ANURAJ,

PANEL COORDINATOR (EDUCATION):BHARATH, RAHUL RL,

HOSPITALITY:GODWIN , SHERIN

SPONSORSHIP, FOOD, AND GIFTS:SALIM,UNNIKRIISHNAN,

MEDIA, AND PUBLICITY: JESSILET, MOHAMMED IQBAL

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